



Club de ski de fond et de raquette de Hearst
Hearst Cross-Country Ski & Snowshoe Club
C.P./P.O. Box 2687
Hearst, Ontario P0L 1N0



Formulaire d'adhésion 2025-26 / Membership Registration Form 2025-26

Virement électronique / E-transfer : hearstskisnowshoe@gmail.com

Enregistrement en ligne / Online registration : <https://zone4.ca/register.asp?id=39735>

Veuillez compléter ce formulaire et nous le faire parvenir avec votre cotisation de membre.
Please fill out this membership registration form and send it with your dues.

Nom / Name : _____

DOB / Date naissance (YYYY/MM/DD) : _____ / _____ / _____

C.P / Box : _____ Ville / Town : _____

Téléphone/Telephone # : _____

Courriel / email : _____

Noms des skieurs et skieuses de ma famille / Name of all skiers in my family

_____ DOB / Date naissance : YYYY / MM / DD
_____ DOB / Date naissance : YYYY / MM / DD
_____ DOB / Date naissance : YYYY / MM / DD
_____ DOB / Date naissance : YYYY / MM / DD
_____ DOB / Date naissance : YYYY / MM / DD

TAUX ANNUELS avant le 31 déc. 2025 / Early bird ANNUAL RATE before Dec. 31st 2025

Please check box / Cochez la case

		Ski et raquette / Ski & snowshoe			Raquette seulement / Snowshoe only			
		Accès / Access	Frais*	Total	Accès / Access	Frais*	Total	
Adulte seul / Single adult	<input type="checkbox"/>	160 \$	26 \$	186 \$	<input type="checkbox"/>	40 \$	26 \$	66 \$
3e âge / Senior 60+	<input type="checkbox"/>	135 \$	26 \$	161 \$	<input type="checkbox"/>	35 \$	26 \$	61 \$
Étudiant / Student 12-21	<input type="checkbox"/>	75 \$	26 \$	101 \$	<input type="checkbox"/>	30 \$	26 \$	56 \$
Famille / Family **	<input type="checkbox"/>	270 \$ + (26 \$ x _____ #personnes) = _____ \$						

* Les sommes de 24 \$ / personne et 2 \$ / personne sont ajoutées pour la couverture d'assurance de l'association provinciale pour le Club et les frais administratifs d'enregistrement. An amount of \$ 24 / person and \$ 2 / person is added for the insurance coverage from the Club's provincial association and the registration administration fees.

** Les membres d'une famille incluent les parents et les enfants qui ont moins de 18 ans / Family members include parents and children under 18.

TAUX ANNUEL après 31 décembre 2025/ANNUAL RATE after December 31, 2025

Please check box / Cochez la case

	Ski et raquette / Ski & snowshoe				Raquette seulement / Snowshoe only			
		Accès / Access	Frais*	Total		Accès / Access	Frais*	Total
Adulte seul / Single adult	<input type="checkbox"/>	170 \$	26 \$	196 \$	<input type="checkbox"/>	45 \$	26 \$	71 \$
3e âge / Senior 60+	<input type="checkbox"/>	145 \$	26 \$	171 \$	<input type="checkbox"/>	40 \$	26 \$	66 \$
Étudiant / Student 12-21	<input type="checkbox"/>	85 \$	26 \$	111 \$	<input type="checkbox"/>	35 \$	26 \$	61 \$
Famille / Family **	<input type="checkbox"/>	290 \$ + (26 \$ x _____ #personnes) = _____ \$						

Paiement / Payment

Paid by cheque/cash Paid by e-transfer Register in Zone4 registration

Travail des bénévoles / Work by the Volunteers :

Le Club de ski de fond et de raquette de Hearst fonctionne entièrement grâce à la participation de bénévoles. Le travail des bénévoles permet au Club de maintenir les taux de cotisation à un niveau raisonnable. Au cours de la saison, nous vous informerons des besoins, des travaux à effectuer, et nous vous invitons à donner quelques heures de votre temps afin d'aider le Club.

Merci à l'avance de votre coopération !

The Hearst Cross Country Ski & Snowshoe Club is run entirely by volunteers. This allows us to keep the membership rates at an affordable level. During the season, we will inform you of the needs, the tasks that need to be done and we invite you to give a few hours of your time in helping the Club.

We thank you for your cooperation !

Vous avez des questions? / You have any questions?

Facebook : Club de ski et de raquette de Hearst

Site web / Website : skihearst.wixsite.com/hearst

CROSS COUNTRY CANADA - INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT

By signing this document you will assume certain risks. Please read carefully.

1. This is a binding legal agreement. As a Participant in the sport of cross-country skiing and the programs, activities and events of Cross Country Canada including all of its registered Divisions and Clubs and Canadian Snowsports Association (hereinafter called CCC/CSA), which include without limitation cross-country skiing competitions, camps, clinics, and related activities such as roller-skiing, road cycling, running and hiking (hereinafter called the Activities), the Participant and/or the Parent/Guardian of the Participant (hereinafter called the Parties), acknowledge and agree to the following terms:
2. Description of Risks - The Participant is participating voluntarily in the Activities. In consideration of the Participant's participation in the Activities sanctioned by CCC/CSA, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards associated with or related to the Activities, and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from:
 - a. training whether indoor or outdoor including strength training, running, hiking, and cycling;
 - b. overusing, exerting and stretching various muscle groups and strenuous cardiovascular workouts;
 - c. vigorous physical exertion, rapid movements and quick turns and stops;
 - d. falling to the ground due to slips, trips or uneven, slippery or irregular terrain or surfaces;
 - e. contact, colliding or being struck by skis, ski poles, equipment, trees, other individuals or other fixed objects;
 - f. failing to participate within one's abilities, skill and within designated areas;
 - g. becoming lost or separated from the group or the group becoming split up;
 - h. failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
 - i. extreme weather conditions which may result in frostbite, hypothermia, snowstorms, sunstroke or lightning strikes;
 - j. encounters with animals or plants including allergic reactions;
 - k. travel to and from training, competitive events and associated non-competitive events which are an integral part of Activities;
 - l. infectious disease contracted through viruses, bacteria, parasites, and fungi which may be transmitted through direct or indirect contact, and
 - m. other risks normally associated with participation in the Activities.
3. Furthermore, the Parties are aware:
 - a. that injuries sustained may be severe, paralyzing or fatal;
 - b. that the Participant may experience anxiety or embarrassment while challenging themselves during the activities, events and
 - c. programs of CCC/CSA,
 - d. that the risk of injury is reduced if the Participant follows all rules established for participation; and
 - e. that the risk of injury increases as the Participant becomes fatigued.
4. Disclaimer - In consideration of CCC/CSA accepting the Participant's application for membership in the Club or allowing the Participant to participate, the Parties agree that CCC/CSA, and its respective directors, officers, committee members, members, employees, volunteers, participants, agents and representatives are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by the Participant during, or as a result of, any of the Activities sanctioned by CCC/CSA, , caused by the risks, dangers and hazards associated with the Activities.
5. Acknowledgement - The Parties confirm that:
 - a. the Participant's physical condition is sufficient to allow participation in the sport of cross-country skiing and the activities, events and programs of CCC/CSA;
 - b. they have been provided sufficient information about Activities and the associated risks and hazards so that they are aware of the effect of this agreement;

- c. the Participant agrees to abide by the Rules and Regulations imposed by CCC/CSA, in association with the Activities, and to follow the instructions of the officials during the Activities; and
- d. they have read this agreement, understand it, have executed this agreement voluntarily, and that this agreement is to be binding upon the Parties, their heirs, executors, administrators and representatives.

6. In addition, the Parties:

- a. authorize CCC/CSA, to collect and use personal information about the Parties which relates in any way to the Activities, including without limitation the publication of photographs in newsletters and promotional materials, and the posting of photographs, videos, articles, rosters, statistics, images and results on the CCC/CSA websites;
- b. grant permission to CCC/CSA, to photograph and/or record the Parties image and/or voice, and to use this material to promote CCC/CSA, through any form of and agree that the audio/visual material and copyright will remain the sole property of CCC/CSA, and waive any claim to remuneration for use of audio/visual materials used for these purposes; and
- c. understand that they may withdraw such consent at any time by contacting Cross Country Canada at 403-678-6791. Cross Country Canada will advise the implications of such withdrawal.

We do not sell or distribute your personal information to any other third party not listed herein.

I, the Participant and/or Parent/Guardian, have read and agree to be bound by this agreement.

Adult #1

Name:

Date: **YYYY / MM / DD**

Signature:

Adult #2 (if necessary)

Name:

Date: **YYYY / MM / DD**

Signature:

If the Member/Participant is under 19 years of age, parent or legal guardian MUST sign below.

Name of Parent/Guardian: _____ Date: **YYYY / MM / DD**

Signature: _____

Name of children: _____
